



HUNTINGDON VALLEY ATHLETICS ASSOCIATION
625 RED LION ROAD
HUNTINGDON VALLEY, PENNSYLVANIA, 19006
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Huntingdon Valley Athletics Association Return to Play Outline

Mission:

As youth sports return, HVAA's utmost priority is to ensure that every child and coach is in the safest environment possible. We are closely monitoring and being updated on the latest guidance from the PA Dept of Health and the CDC, and following the recommendations from institutions like EPYSA. HVAA has created a Return to Play outline. Every HVAA player and household is required to adhere to the Return to Play Outline below. As guidelines evolve, so will our Return to Play plan. HVAA is fully prepared to get the kids back out onto the field safely, so that they can enjoy playing the game they love.

Green Phase - Return to Play:

See HVAA phased reopening plan. *Subject to change based on county, state and EPYSA guidelines.

Education:

Coaches will be educated by the travel soccer director on how to safely implement appropriate training sessions, and all participants will be required to sign liability waivers. The online waiver will be emailed to every household shortly.

Minimum Requirements:

- **Symptoms:** Any coach, player, parent, referee and or spectator who is sick, has a persistent cough, is running a temperature or is displaying any symptoms suggesting that the individual may be ill, (from any contagious malady, including cold, flu, or suspected coronavirus) will be prohibited from attending training or games. Any coach or administrator who sees any adult attendee who displays any of these symptoms should be politely but firmly asked to leave. A minor who is displaying any of these symptoms should be safely isolated until an adult responsible for the minor can remove the minor. Everyone should be monitoring symptoms daily, and if an athlete, coach or someone in the household shows any signs/symptoms of the novel coronavirus they should be staying at home for 14 days.

- **Minimize physical touching between players and coaches AND parents and coaches:**

Coaches shall ensure, and all players and coaches avoid "high fives," handshakes, or other types of physical touching. We understand that this may be difficult as players enjoy celebrating with



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their teammates (or even give them a hug after being apart for so long!), but we need to be diligent at enforcing this protocol for the health and safety of our players and their families.

- **Coaches to wear masks during training sessions:** Coaches are required to wear appropriate face coverings during training sessions. A coach may temporarily remove his/her mask to clarify instructions or to make a coaching point as long as he/she is beyond 6' from all players. Players will also be allowed to wear masks while training, but this will be a personal choice of the player's parent or guardian. Any other individuals attending the training session are required to wear appropriate face coverings and follow social distancing guidelines.
- **Hand sanitizer:** Players should have hand sanitizer for personal use.
- **Avoid "shared" equipment like pinnies:** Players should have their own alternate color training top or pinnie – Pinnies should not be shared. Players should have their water bottle as well. Balls, cones and other equipment will be sanitized after each session.
- **Reduce players touching practice equipment:** The handling of all training items, i.e., cones, flags, goals etc. should be limited to coaches.
- **Avoid large gatherings or lines of players:** Coaches should avoid having players stand or assemble in lines or small groups. Coaches should alter their training methods to incorporate appropriate social distancing (maintaining 6' distancing between players when providing instruction, etc.). This is particularly important in Phase 1.
- **Facility structures cleaning and use:** Any facilities that are accessible during training and games should be cleaned and disinfected regularly. Railing and other surfaces that are touched frequently should also be cleaned and disinfected at least daily. If permanent bleachers are available for spectators, clubs should display signage on or near the bleachers reminding spectators to maintain 6' distancing from non-family members. HVAA will provide proctors to perform basic cleaning during sessions. Lower Moreland Township will continue to clean restrooms.
- **Increased signage throughout facilities:** HVAA will post reminder signage throughout facilities wherever possible to remind all players, coaches, and spectators to maintain social distancing.



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• **EPYSA Parent Responsibility:**

- Comply with Commonwealth of Pennsylvania, Eastern Pennsylvania Youth Soccer and any additional club directives or requirements. Share information with your child.
- No signs of COVID-19 for the player the past 14 days and no known exposure before sending him or her to training. Sick players and coaches must stay at home and follow appropriate health guidelines.
- Determine if you want your child to wear a face mask during training.
- Sanitize and wash all equipment and uniforms after training
- Pack hand sanitizer and a face mask in his or her bag.
- Spectators are not essential to training and not recommended to attend.
- Comply with social distancing and mask directives. Adhere to rules of the club regarding attending training session
- Direct your child to never share water, snacks or equipment.
- Notify HVAA and coach should your child become ill.
- Do not assist the trainer/coaches with equipment at the beginning or end of practice.
- If the ball goes off the touchline or end line, allow players or coach to retrieve the ball.
- Parents make the ultimate decision on their child's attendance participation

• **Social Distancing Oversight:** HVAA will assign proctors to be physically present to monitor fields and facilities to politely but firmly ask any groups of parents or players to disperse and maintain appropriate distancing and that failure to do so risks the sanctioning and protection (including insurance) for the players and the club. More Information: For more information about guidance from the CDC, please visit the following links:

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html>

<https://www.cdc.gov/coronavirus/2019-ncov/downloads/community-mitigation-strategy.pdf>

Parents, households, and players can receive more guidance from the CDC and PA sites.

Continue to visit us at hvaa.net/covid-19 to stay up to date for the latest guidelines.

Additional information:

- Limit one team (maximum 25 people) to each half of a full-size soccer field for each training session.



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- We will have designated side-line space for each player to keep their soccer equipment and water bottle (6'x6' area with 6' between adjacent player area). Players must bring their own water. No sharing. No communal water coolers.
- Coaches may welcome each player as they come to the field but should not make physical contact with the player and should stay a minimum of 6' away when greeting the player.
- Players should not physically contact teammates before, during or after training.
- Training will include mostly individual activities in phase one. Some 3v3 or similar within an individual team will be permitted.
- Players should use their own soccer ball whenever possible. At no time should they use their hands to pick up another player's soccer ball. Players should sanitize their soccer ball before and after each training session.
- HVAA will be adjusting time slots to allow early sessions to complete before late sessions arrive. Players waiting for their training session should remain in their cars until 10 minutes before the beginning of their training session.
- Parents attending a training session should follow the same guidelines as the players - stay in their cars until 10 minutes before the training session is to begin. If they are staying to watch the training session, they should stand/sit on the opposite touch line from where the players keep their equipment and families should stand/sit a minimum of 6' away from another spectator who is not a member of their family.
- When training ends, the players, coaches and parents should be directed to promptly gather their equipment and move to their transportation as soon as practical to provide for a clear area for the next group.

HVAA PROCTORS WILL BE TREATED WITH RESPECT BY ALL PARENTS, PLAYERS AND COACHES. THEY WILL BE ON THE FRONT LINES AND OUR BEST OPPORTUNITY FOR COMPLIANCE.

What happens next?

Huntingdon Valley Athletics Association will continue to monitor the changing climate and adjust the return to play plan as necessary. This will involve following the guidance of our local and national governing bodies. We also understand that each family is dealing with varying circumstances and Huntingdon Valley Athletics Association will be flexible and allow families to return to play as they feel comfortable.